

## Evening Programs

Our evening programs are an opportunity to wind down the day and reflect on the day, you can choose two of any of the following programs for every night.

**Campfire** - A traditional sing-a-long indoors or outdoors, depending on the weather.

**Night Hikes** - This activity helps students feel more comfortable outside in the dark. Students use their senses of hearing, touch, and smell to explore the nighttime environment.

**Dutch Auction** - All students come to the game with items they have brought to camp. An "auctioneer" then calls for items & points awarded. Not all items are tangible, but are things a team member must perform or use their imagination to create.

**Unless the Play**- A interactive play performed by the staff that teaches environmental stewardship & character development based on the Dr. Seuss book "The Lorax".

## Costs & Time Length:

Please contact us directly to discuss the costs of our outdoor education programs. We can create a program for your school with your specific interests. We can provide an outdoor education experience in any length from a half day, full day, overnight, two nights, or a full week experience. We can also provide a half day or full day experience at your school.



## Other Important Information about the Outdoor Education Program

We can visit your school and present information about the programming we provide, please contact us for details.

We can custom design a schedule for you; you get to pick your classes, free time choices, journal writing and meal choices!

We request you provide 1 chaperone/ counselor, that is a minimum of 16 years old and be responsible adult for every 10 children, we do not charge for this ratio of adults or for teachers!

We can provide counselors for cabin coverage but need advance notice. month. Every school that comes for any overnight program receives a DVD slideshow of their time at the YMCA Camp Y Owasco.

Other Programs the YMCA Camp Y Owasco offers: Residential Camp, Day Camp, Specialty Camps, Mini Camp, Leader -in-Training, Counselor-in-Training, Conferences, Retreats, & Rentals, Certification Courses in aquatics, CPR/AED, First Aid, & Youth Work available on site or at your location.

We can custom design conferences, retreats, or certification training courses, for your group, contact us at the contact information above for details!

### YMCA Camp Y Owasco

A program of the Auburn YMCA-WEIU

4187 Sam Adams Lane

Auburn, NY 13021

[www.Y-owasco.org](http://www.Y-owasco.org)

September-May 315-253-5304

June-August 315-784-5481



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# TRANSFORMING LIVES THROUGH NATURE!

## Outdoor Education Programs for Schools



## Outdoor Education Vision

The vision of the outdoor education program at Camp Y-Owasco is to provide a hands-on experiential approach to classroom learning. Our program is a multi-disciplined, hands-on approach that can reinforce all aspects of classroom learning.

Outdoor education is a means of curriculum enrichment through outdoor experiences that helps to rekindle the urge to learn back in the classroom. We foster a learning climate that allows students to identify and resolve real life problems.

Our Outdoor Education program seeks to development of every student in spirit, mind, & body; we incorporate the YMCA core values of caring, honesty, respect and responsibility in all of our classes and programs. Our program teaches students self-worth, confidence, character development, communication, cooperation, and building positive relationships.

Our program is based upon the YMCA of the USA's ICARE outdoor education program. ICARE stands for interrelationships, cycles, awareness, relationships, & energy flow. The ICARE program meets the Standard Course of Study for 4th to 6<sup>th</sup> grades for social studies & science for many states.

Our staff are caring, responsible, & respectful individuals who seek to make your experience successful for all involved.

## Food Service

We serve three well-balanced meals a day, our food is prepared by our food service director who plans kid-friendly food that is healthy and that kids enjoy! We are able to make special accommodations & requests for food service. Our food service director will work with teachers & parents to make sure the dietary restrictions of their students are met.

## Our Classes

**Teambuilding/Low Ropes**- A series of problem solving activities in which a group of students is presented with a number of challenges to accomplish as a group to help stimulate group cooperation, communication, raise self-confidence and pride of each student.

**Survival**- This class introduces the students to the basic survival needs and how to obtain them. Then, through a simulated survival course students work together to stimulate group cooperation, strengthen group unity, & communication and to have fun.

**Archery** - This class teaches the students how to properly fire a bow and arrow as well as proper safety and includes historical & scientific implications of archery.

**Canoeing** - This class teaches students boating safety, the parts of a canoe, paddle, how to paddle, & the correct way to enter and exit a canoe. This class includes historical & implications of canoeing. This class is taught by certified YMCA lifeguards.

## Terrific Trees

To teach students about trees in a fun and interesting learning environment, the basic components and functions of trees, learn how to identify trees, learn about tree measurements, tree anatomy & taxonomy.

**Water Ecology**-To teach students about the water cycle, to show how little water is available to us, & to learn simple ways to help conserve water.

**Web of life**-To teach students about food webs, predator and prey interactions and the interconnectedness of all living things through games and fun activities.

**Amazing Animals**- To teach students about the different adaptations animals use in order to survive, how animals survive in their specific environments, and understand animals that are endangered species.

Our program also includes structured free time, teaches food waste prevention, we can also include a journal that helps students remember their outdoor education experience!

The Camp Director is always available to answer any questions from potential schools, parents, or students about the outdoor education program, please use the contact information below to do so.

Joshua Scott, Family & Camp Director

315-253-5304, [Joshua@auburnymca.net](mailto:Joshua@auburnymca.net)